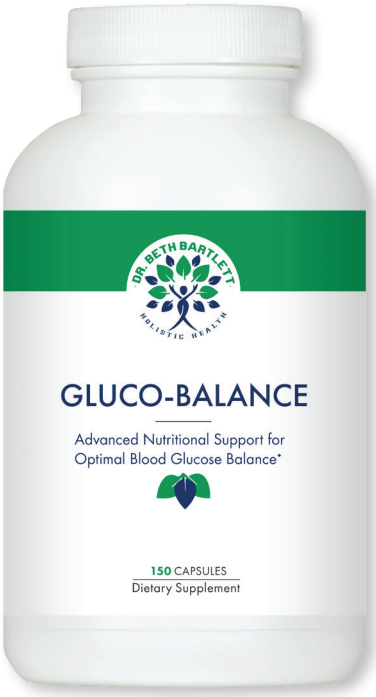
Gluco-Balance

Advanced Nutritional Support
for Optimal Blood Glucose Balance♦



Gluco-Balance Supplementation

Gluco-Balance is a high-quality vitamin and mineral supplement formulated with a proprietary blend of natural extracts and powders for optimal support in balancing healthy blood glucose levels already in the normal range.♦

The benefits of supplementation with Gluco-Balance may include:

- Help maintain blood glucose levels already in the normal range♦
- Provide potent antioxidant support♦

GLUTEN-FREE DAIRY-FREE VEGETARIAN

NON-GMO cGMP FACILITY

How Gluco-Balance Works

Glucose is a sugar naturally produced in the body after eating that converts to energy. As glucose travels through the bloodstream to cells, it's referred to as blood glucose. Insulin is the hormone that takes blood glucose out of the bloodstream and into cells to convert to energy. Consuming too much sugar causes a rapid influx in blood glucose, causing the body to overcompensate with insulin. This is the sugar rush and subsequent crash felt after an indulgent meal or beverage, which wreaks havoc on the body's metabolic system.

Maintaining blood sugar levels within a normal range is a critical aspect of overall health and vitality. Eating a diet rich in wholesome foods and getting adequate exercise can help. Supplementation with Gluco-Balance may further support maintaining blood glucose levels already in the normal range.♦

Gluco-Balance combines the B vitamin biotin with the essential trace mineral chromium to provide clinical research-backed support in supporting blood glucose already in the normal range.♦[1, 2]

The proprietary blend of all-natural plant-based extracts included in Gluco-Balance provides further support in maintaining healthy blood glucose levels.♦ Fenugreek seed, berberine, bitter melon, green tea leaf, *Gymnema sylvestre*, and banaba extracts have all undergone clinical studies showing positive effects in helping to maintain blood glucose levels in the normal range. ♦[3, 4, 5, 6, 7, 8] Gluco-Balance also provides potent antioxidant support with the addition of cinnamon bark powder, stinging nettle powder, and alpha lipoic acid.♦[9, 10, 11]

The unique combination of vitamins, minerals, and plant-based extracts in Gluco-Balance provides advanced nutritional support for optimal blood glucose balance.♦

For more information, visit: **www.drbethbartlett.com**

Supplement Facts

Serving Size: 5 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Biotin	2,000 mcg	6,667%
Chromium (as chromium picolinate)	600 mcg	1,714%
Cinnamon Bark Powder (bark; *Cinnamomum verum*)	500 mg	**
Stinging Nettle Powder (leaf; *Urtica dioica L.*)	500 mg	**
Fenugreek Extract (seed; *Trigonella foenum-graecum*)	500 mg	**
Berberine HCl	500 mg	**
Alpha Lipoic Acid	300 mg	**
Bitter Melon Extract (fruit; *Momordica charantia*)	250 mg	**
Green Tea Extract (leaf; *Camellia sinensis*; 80% polyphenols, 75% catechins, 30% EGCG)	200 mg	**
Gymnema sylvestre Extract (leaf; *Gymnema sylvestre*)	200 mg	**
Banaba Extract (leaf; *Lagerstroemia speciosa*; 1% corosolic acid)	50 mg	**

Other Ingredients: Hypromellose, vegetable magnesium stearate, silica.

Directions: Take five capsules daily as a dietary supplement or as directed by your healthcare practitioner.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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